



Early Intervention & Therapy Supports

Learning Through Play



“Play provides opportunities for children to learn as they discover, create, improvise and imagine” (EYLF 2009). At PlayAbility, we use a play-based approach to Early Intervention where socio-emotional, physical, language, and cognitive skills are developed through guided interactive play. During early Intervention play sessions, our keyworkers/therapists use strategies including modeling, verbal redirection, reinforcement, and indirect instruction to sustain and encourage a child's play.

Through play we are able to get a true sense of what children are capable of achieving, thus providing us with a form of assessment that is more authentic and accurate than putting children on the spot and asking them to complete a task on demand. Keyworkers/therapists use the information they gather during play to introduce different materials, ask relevant questions and extend on children's learning and development.

Play provides an opportunity for us to introduce and model many different skills:

- Language skills: new vocabulary, conflict resolution language, naming emotions
- Problem solving skills: brainstorm solutions, use tools in different ways, try different approaches to problems
- Use of materials: how materials work, cause and effect, how materials can be used creatively
- Cognitive and critical thinking skills: practicing elements of the scientific method, reflecting on learning, pre-math and early literacy practice
- Social skills: manners, communicating wants and needs, considering the wants and needs of others
- Self-regulation: managing frustrations, self-calming strategies, perseverance



Playing with children helps build strong, trusting bonds. Which allows children to see us as trusted playmates and guides who are there to support them.



Children learn best through play. Play is children's work. When children are interested and engaged, they learn!

What games will you play with your child today??