



NEWSLETTER

Term 1 2016

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Website: www.playability.com.au

NSW Disability Service Standards Certification Number: HDS40118

Our Vision

To support families in their quest to provide an environment for their child which ensures safety and well-being, creates resilience and seeks connections to their community and culture.

We hope you all had a great festive season and you are excited for school and PlayAbility starting again.

For first timers at school, pre-school or long day care, we wish you all the best with meeting your new teachers and making new friends.

For parents: if you have any anxieties or are overwhelmed with the demands put on your little ones, please phone any of our staff for a chat.



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We wish to acknowledge the Traditional Owners of the land and waters of the Bega Valley Shire, and pay our respects to Elders past and present.

Early Intervention



Welcome to 2016

By now you will have discussed with your keyworker the schedule for term 1. Most Early Intervention programs will commence during the first week of February.

The children who are starting school will continue to receive our support but in a different format. What is most important is that they successfully participate in all activities within the school environment and that parents and carers receive the information and support to advocate for their child with confidence.

In preparation for the NDIS we will start using different names for the activities we provide.

For example your first term or two with PlayAbility will be called **"Let's Try"**, this is the time when we get to know you and your family and you get to know us.

"Let's Play" is the next phase of sessions, centre based or home based, with your keyworker.

"Inclusion Support" is another phrase you might be hearing our staff and other professionals use. This refers to our work at day care, preschool, playgroups and primary school. This starts usually after you have been working with us for 6 months.

Please don't hesitate to ask if you are confused by any of this terminology or check our website for some handy explanations for commonly used terms and phrases in Early Intervention.

What's happening with the NDIS?

The NDIS rollout is due to begin in July this year; the priority for the NDIA (the National Disability Insurance Agency) will initially be adults in supported accommodation. When NDIS does begin for families with young children the access to services will remain the same for most families. This is an exciting time but also presents challenges as we adjust to the changes. The priority at this stage is that families are able to understand the funding model, how it works and how to access it.

So, what's next?

If you have accessed Early Intervention services through us your family will already be on the NDIA register.

Once you are on the register (we can help you check this if you're not sure) the next step is support planning. To arrange for a support planner to come to you to discuss what therapy, intervention, community access and inclusion support services you need (or use) each year call Bernadette on the Southern Intake number 1300 841 566 and ask for an NGO support planner. (From the experience of one of our families this was a positive process that simply identified priorities and goals). The planning document you will receive is intended to be flexible and adaptable to the changing needs and circumstances of your family.

We have lots of information on our website www.playability.com.au and links to NDIS. If you would rather have information/pamphlets posted or emailed to you please let us know.

We are excited for the future under NDIS and the long term benefits the NDIS should hold for your child and family. We are proud have met the NSW Disability Service Standards which enables us to become a provider under the NDIS. We look forward to working with you to create the best future for your child. We are planning information sessions and will let you know about any workshops that are held in our area.

See you soon, *Marcelle, Suzie, Geoff & Rowan*





Indigenous Family Services

"Let Me create My world"

Strength based programs for children and their families, focusing on the importance of creating a world where children feel connected to their community and culture allowing them to create their world.



Here are some things we can do for you:

- Pick you up to come to Play Sessions
- Link you to services such as Doctors, Centrelink, Child Health Nurse, School, Preschool and Childcare
- Have a yarn about your kids health, keeping kids safe, play, learning and getting ready for kindy
- Find out information about other services for you

For more information please call:

Kylie Eldridge-Spires 0427 677 066

Kim Aldridge 0447 233 848

Mahala Pickett 0419 126 482



Play Sessions

Bega: Mondays 12.30pm—2pm

PlayAbility centre, 30 Church Street, Bega

Starts back 1st February 2016

Eden: Wednesdays 10.30am—12pm

PlayAbility centre, Crown Lane, Eden

Starts back 3rd February 2016

Aboriginal Family Support

Do you have a child starting school in 2017?

We can provide you and your child with the tools to ensure a successful start to school.

We can also assist you with referrals, parenting support, filling in forms, numeracy and literacy.

Give me a call or come in for a yarn.

Glenda Dixon

Bega PlayAbility Centre,

30 Church St Bega

Mon — Wed & Fri 9am & 4pm or

phone: 0439 939 751

Mobile Parenting Support Service

Term 1 - 2016 Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bega PlayAbility Centre 30 Church St. 10am – 11am & 1pm – 2pm February 1 st , 15 th , 29 th March 7 th , 21 st April 4 th	Cobargo Primary School Wandella Road Cobargo. 10.30am – 12.00pm February 2 nd , 16 th March 1 st , 15 th April 5 th	Eden PlayAbility Centre 10.30am – 12.00pm & Pambula community Gardens off Merimbola St. 2pm – 3pm February 10 th , 24 th . March 9 th , 23 rd April 6 th	Bemboka Primary School 10am – 11.00am February 4 th March 3 rd , 31 st	Bermagui Preschool 9.30am – 10.30am & Tiny Teddies play group. CWA Hall. 10.45am – 11.30am February – 5 th , 19 th . March 4 th , 18 th April 1 st
	Candelo Community Playgroup/ market grounds 10am – 11am February 9 th March 8 th , 29 th		Tathra Lot Stafford playground, Andy Poole Drive 10am – 11am February 11 th , 25 th March 10 th , 24 th April 7 th	

For further information please contact Amber on 0428 667 924 or @ the PlayAbility office on 6496 1918

PlayAbility Playgroups

Cobargo

Tuesdays

Cobargo Public School,
Wandella Road, Cobargo

10.00am -11.30am

Bega

Mondays

Bega PlayAbility centre,
30 Church Street, Bega

9.30am-11.00am